Our International Food Day was a brilliant success, thanks largely to the generous community members who volunteered their time on Monday and to our wonderful students who were praised by everyone for their effort, cooperation and manners. If Manu from MKR had been judging, he would certainly say that the food, “…had been made with love…and…..it was sumptuous 10/10!”

Here’s what some of our Junior Masterchefs and all round foodies had to say:

JACK: I loved all the food but the best one was the Mexican tacos. The flavour was bursting in my mouth. The ravioli pasta was really fun to knead and a really fun experience. I hope we can do it next year.

TED: Yesterday I cooked sweet potato with Di and Lachlan, Annalyse and Rhiannon. First we went to the MPR and got the ingredients out. Next I put the ingredients in the pot. We put the pot on the stove. The food was nice and I felt happy.

ANNALYSE: The food on Monday was absolutely delicious – I wish I could have it for dinner every day. I do hope we do something like this again. Thank you to staff, teachers and parents who helped and made it fun. With the skills to cook such delicious food we should have been on Masterchef.

MABEL: The food was amazing and I’m so happy that I got to experience it in my last year of primary school. Thank you so much to all the parents, staff and students who helped cook all the international dishes or bought tickets.

HAYDEN: Yesterday at school our group made ravioli. We made 131 ravioli. First we made the dough thinner with the machine. We boiled the ravioli in the water. In the end we ate the food that we made. It was delicious.

GEORGE: I loved the food on International Food Day. There was Italian pizza, Indian Tandoori chicken, Mexican tacos, Vietnamese rice paper rolls and a lot more. I love it all.

LIAM: International Food Day on Monday was amazing. Cooking was extremely fun and eating even more so. The food was absolutely exquisite and it wouldn’t have been possible without the volunteer help. Thank you for your contribution.
International Food & Harmony Day

Thank you so much to everyone who came along to our fantastic day on Monday. The MPR was a hive of activity as students worked in teams to create a huge selection of beautiful food for the enjoyment of many. It was great to have so many parents and grandparents come along too.

Enjoy the photos attached to this newsletter, plus there are more on the school website & facebook page. Recipes are available on request.

SCHOOL PHOTOS

Attached to this newsletter are the individually named/bar coded order envelopes for our school’s photo day on Wednesday 9 April.

Please select the photo pack you would like to order and return to school before the photo day.

Please return your envelope even if not making an order so that we can mark it off the list.

School uniform—red shirts or Year 6 shirts should be worn on the day.

Photos will be first thing at the start of the school day.

SCMDC Marine Debris Workshop—next Wednesday

We still have a couple of families yet to send in $5 (per family) to help support this workshop cost.

Marine Debris – What’s the harm? A hands-on, scientific look at what marine debris is and the impacts that debris can have on our marine environment. All students K-6 will be involved in this workshop run at our school by the Sapphire Coast Marine Discovery Centre.

End of Term Assembly and Easter Hat Parade Thursday 10 April

Parents and community are invited to join the students in celebrating our End of Term Assembly (just one day early!) on Thursday 10 April.

The assembly will be in the MPR starting from 12.30, and will include the Easter Hat Parade, Term 1 slideshow, award presentation and a showcase of selected student work.

The P&C will run a BBQ lunch available for all at a very reasonable cost, and the afternoon will conclude with games and activities and of course the Easter Egg Hunt! (But school is still on Friday too!)

Bioblitz at Panboola Friday 11 April

Students in Years 5/6 and Ms Hopson are participating in this year’s Bioblitz at Panboola.

Unfortunately we do not have many parent driver offers so we may require some parents to meet Ms Hopson at Wyndham so that she can provide additional transport assistance. This will be finalised once we have the last two permission notes returned.

UNSW Assessments

Thank you to the families taking up the opportunity to register for the ICAS Tests. Please note the following entries for your calendar.

<table>
<thead>
<tr>
<th>Subject</th>
<th>Date Range</th>
<th>Date(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Computer Skills</td>
<td>3–10</td>
<td>Tuesday, 20 May 2014</td>
</tr>
<tr>
<td>Writing</td>
<td>3–12</td>
<td>Monday, 16 June – Friday, 20 June 2014</td>
</tr>
<tr>
<td>English</td>
<td>2–12</td>
<td>Tuesday, 29 July 2014</td>
</tr>
<tr>
<td>Mathematics</td>
<td>2–12</td>
<td>Tuesday, 12 August 2014</td>
</tr>
</tbody>
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Cross country

Towamba School will be having our Cross Country on Friday 9 May (week 2 next term). Students will be training for this each morning next term so appropriate footwear is suggested. We will need parents to come on the day and assist with checkpoints etc.

The Zone Cross Country is the following Friday at Wolumla for our selected student runners.
**Headlice**

Just a reminder to keep an eye out for headlice and check your child’s hair regularly.

The preferred method of removal is the conditioner method, with diligence!

Mechanical removal is combing the hair with a fine long toothed metal lice comb on hair that has had conditioner applied. Conditioner does not kill lice but stuns them for about 20 minutes enabling easier removal. A long toothed metal comb will reach all nits and pull them off the hair. This method should be done every other day until none remain.

With this method it's easy to teach children to treat themselves. It is best done when they stand under the shower or bath and comb through the conditioner, rinsing off the comb after each stroke.

Test for active lice or nits by wiping the comb on a white tissue and check for any lice or nits. Keep combing until no more appear on the tissue.

This Nitbuster method also helps manage head lice before they become established on the head. Simply keep a good head lice comb in the shower and every time your family washes their hair use the fine comb through the hair. This will ensure lice are "caught" before they lay too many eggs. If your children are old enough to wash their own hair encourage them to use the comb themselves. Or keep a comb handy to where you wash your children's hair and use it every shampoo.

Research suggests that bed linen, hats, clothing and furniture do not harbour lice or nits and that there is no benefit in washing them as a treatment option. Nits and lice only live on the human head. They quickly dehydrate and die if removed from the head.

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**School Radio**

Year 5/6 students will be visiting the radio room on Tuesday next week to familiarise themselves with the radio equipment and to talk about radio show preparation. This will be a walking excursion.

The first radio show of the year is Tuesday 6 May: Liam and Mabel

Radio presenters are volunteering to assist our students with the technicalities of presenting a show, and this assistance is greatly appreciated.

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**New Towamba Playgroup**

Campbell Page are facilitating a new playgroup for Towamba, based in the Multipurpose room at our school.

It is open to anybody including grandparents. A flyer is attached and more are available from the school office if you wish to pass on this information to anybody with young children. For more information contact Liz Huggert 0419 249 250 or the school on 6496 7159.

Playgroup starts **Tuesday 6 May** at 9.30am.

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**SCLC Music Camp**

The Expressions of Interest submitted by Mabel and Liam have been passed on to the camp coordinators. All entries are now being considered and we will be notified of music camp placements on Friday 11 April. All the relevant paperwork sent then will be passed on to parents via mail or email (since Bioblitz is on that day), with the subsidised payment due by Friday 9 May.

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**P&C News**

**Easter BBQ**

The P&C will be holding our traditional Easter BBQ on the 10th of April to accompany the school assembly and Easter hat parade. More details out in the coming weeks. Hopefully there are some willing parent or community helpers for the BBQ.

**Friday lunch orders**

- **Friday 28 March**: Steph
- **Friday 4 April**: Di
- **Friday 11 April**: Karen

Term 2 offers are welcome now for Friday lunch orders. Call Lisa on 6496 7292.

Alternatively a return slip will be included in the first newsletter next term.
Community News

Marine Debris Workshop  Wednesday 2 April
Sapphire Coast Marine Discovery Centre will be running this hands-on workshop at our school as part of the outreach program. In the past we have had the financial support from the ANU for the total cost of these high quality workshops. However this is not available this year so we are requesting each family support this incursion at our school with just $5 per family. Your support is greatly appreciated.

FAMILY NAME:________________________________________________________________________

☐ Enclosed : $5
☐ I have paid online and my receipt number is……………………………………………………………

NO ENTRY FEE

Perhaps a donation to the “Musician Appreciation Box”?

ABSENCE & Partial Absence NOTE
My child_____________________________________________________________________________________________________
was absent from school on  the date/s_____________________________________________________________________________
OR will be arriving late/departing early at (time)________________________________________________________________________
due to_____________________________________________________________________________________________________

Signed ____________________________________ Parent/Carer.               Date:____________________